



PACELINE

**Alta Alpina
Cycling Club**

Volume 11 Issue 6
July 2013

AACC Weekend Ride Schedule—July/August

David Scarborough, Weekend Ride Coordinator

This is the weekend ride schedule through Labor Day. We have been averaging 7-10 riders. Come out and join us, the bigger the group the better. For specific information on the routes go to www.altaalpina.org, then routes and other rides, click on road bike routes, and then the region and then the specific ride. The Pack Saddle Pass ride (on July 20th) is difficult with no sources of water for long distance so there will be a SAG vehicle.

Rides indicated as Club Weekend rides feature club-provided refreshments at the end. Fast and slow riders will all be accommodated with regular re-group points

Sunday, July 14, 2013 — WEEKEND RIDE: Tahoe City to Cisco Grove

Meet at 9:00 at the Tahoe City Transit Center/River Parking just on the Emerald Bay side of the Truckee River. About 70 miles and 3,000 vertical. You can shorten the ride by starting at the Outlet Stores in Truckee (Paco's Bike Shop), we will get there between 10:00 and 10:30.

Saturday, July 20, 2013 — WEEKEND RIDE: Pack Saddle Pass Loop

Meet at 8:00 at the bottom of Old Myers Grade and South Upper Truckee Rd. Approximately 70 miles and 8-9 thousand feet of climbing. This ride will have a single vehicle provide SAG with water, Gatorade, snacks, etc.

Sunday, July 21, 2013 — Adopt-A-Highway

Let's play scavenger hunt for goodies left behind by death riders. Will provide coffee, bagels, water. Please wear long pants, a long sleeve shirt and sturdy shoes. Option to ride afterwards and group will decide. Depending on how many show up, cleanup can take about an hour to an hour and a half.

Sunday, July 28, 2013 — WEEKEND RIDE: Both Sides of Sonora

Start at 9:00am from the Caltrans station at the intersection on 395 and Sonora Pass (120). About 70 miles with over 7,000 feet of steep climbing. bring money to buy stuff at the turn around at Dardanelles Store. No water before the base of the climb on the far side, so consider an extra water bottle or a Camelbak. Meet at Lampe Park in Gardnerville at 8:00am to carpool.

Saturday, August 4, 2013 — Shasta Summit Century

One of our partners, Shasta Summit Century describes their ride as follows: "We offer you the good things in life. Like challenging climbs. Breathtaking views. Lightly trafficked, rural roads. And 16,500 vertical feet of climbing over the course of 139 miles (rides of 100, 60 and 30 miles also available)." You're never more than a downhill away from the start. For more details see their website: shastasummitcentury.com which has more mileage details, the elevations, pictures and registration details.

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Alta Alpina Cycling Club Facebook Page

If you're active on Facebook, don't forget to friend the club's Facebook page. We also have an Alta Alpina Challenge page you can friend.

If you're linked correctly you'll see all the recent postings to our Facebook page when you browse the club's home page (AltaAlpina.org). Some members have mentioned that they're not seeing this. If you're having this problem, please go to your own Facebook page and do a search for Alta Alpina Cycling Club. Two pages should be listed, choose the one that is not a closed group and become friends with it. You will then be able to get the most up to date information about the club and to see what others are saying all in one place.

Alta Alpina Cycling Club Rideboard Page

Don't forget to post your weekday road and mountain bike rides to the club rideboard so that other members can join you!



AACC Weekend Ride Schedule—July/August (cont.)

Saturday, August 4, 2013 — WEEKEND RIDE: Washoe Lake Loop

As the last two weekend rides were Pack Saddle and Sonora with major climbing, we'll take it a little easier this weekend. We'll do the loop either once or twice, starting at Savemart at 8:30am. This is a short, mostly flat ride.

Saturday, August 10, 2013 — WEEKEND RIDE: Lake Alpine from Markleville

Meet in the parking lot behind the general store in Markleville, ready to roll at 8:00am so we beat the heat. Bring money for the lodge at Lake Alpine (the water at the boat lunch doesn't seem to be running this year). This is a club favorite with about 7000 feet of climbing over 65 miles.

Sunday, August 18, 2013 — WEEKEND RIDE: Barker Pass

Be ready to ride from the Factory stores at the Y (Pearl Izumi) at 8:30am. We ride north on 89 on the west side of the lake, climb to the top of Barker Pass and return by the same route. About 65 miles and 3,900 feet of climbing.

Saturday, August 24, 2013 — WEEKEND RIDE: Kingsbury/Luther

Meet in the park-and-ride at the base of Kingsbury grade and be ready to ride at 8:00am. About 56 miles and 4,800 feet of climbing. We'll stop at Kahle Community Center, a store in Meyers, at the top of Luther pass, and optionally at the store in Woodfords.

Sunday, September 1, 2013 — WEEKEND RIDE: Blue Lakes Rd. (Labor Day Weekend)

We'll ride Blue Lakes Road from the parking lot near its intersection with highway 88. Be ready to roll at 9:30am. For those who have not been to Blue Lakes, this is an out-and-back totaling about 24 miles and under 2,000 feet of climbing on a lightly traveled road with excellent pavement and awesome scenery. It is a great ride--perhaps the best piece of roadway in Alpine County. If you are looking for a longer ride you could start earlier in Tahoe or Woodfords and meet us at Blue Lakes Road at 9:30.

Saturday, September 7, 2013 — Mammoth High Sierra Fall Century

This is a very popular century with shorter distance options held near Mammoth Lakes. See the event website at: www.fallcentury.org





Presidential Posting

Mel Maalouf, President

Well the Challenge is behind us now. We just have some final tasks and accounting to button up. We are planning a detailed wrap up meeting tentatively set for Wednesday 24 July and are seeking input in person or by email or other. We are continually seeking to improve the ride and operations, so if you can, please attend the meeting or submit your input. We are hitting a stride in the planning and operation of the ride, but we were once again a little short on volunteers. We could have used a few hours from more members here and there to add to our already exceptional crew of members and others who make this the best ride around. It is not too late to get involved as we are going to seek some coordinators for next year. As we stride towards smooth operations and a sell-out ride, we are also getting back to a solid funding source for our activities. We are back in the mode of being able to support cycling efforts financially, not quite along the lines of the years past, but in a way that is judicious and appropriate with our current financial stream of income.

As we put the bulk of the club's organized races, rides and other activities behind us, all we have ahead of us is to get on the bike and ride. We have a good schedule of weekend rides on the calendar with some great support and food and drink for the finishes. We have half the season left of Thursday racing for those who are getting into form and those who wish to improve their form. The club racing is an effective way to improve fitness for all cycling activities. I always seem to push myself harder when I have a race number pinned to my jersey. We shouldn't forget the cyclocrosses of the fall, but those are a ways off. I would like to encourage you to participate in the local Fondos, Century rides, and other local mtb and road races. There are many to choose from in our area and they are almost as good as the Alta Alpina Challenge support. There are events almost every weekend, whether it be a locally organized ride of lengths from 30-100 miles to the challenging hill climb time trials, as well as some supremely organized Sierra Cup Mountain Bike races. There is something for everyone. If you find yourself tired from all that riding, trail building days are plenty to enhance our already world class mountain bike trails.

We have a good schedule of weekend rides on the calendar with some great support and food and drink for the finishes

Club racing is an effective way to improve fitness for all cycling activities

One of the things the club has not tired of supporting is the junior team. The team turned out in force for the Challenge and as always, we found a lull in the action to get out for a ride. This was a first time mountain pass for some of the kids as we doled out 50 miles of hot yet rewarding riding. Since we had been up since 3 AM, we also were lulled into a well deserved nap at Turtle Rock Park before the action picked up again for the late afternoon and into the evening. As the junior team starts to get their racing legs underneath them, you un-doubtedly have seen the team start to put the hurt on each of the racing categories on Thursday nights. All the juniors are moving up categories as their training is paying off. I hope you see us out training and representing the club in our region. A few of the kids made their first trip to the Nevada City race and gained valuable experience that should see them

on the podium as other Alta Alpina Juniors have visited those valued steps in the past. I am always impressed at the levels the team achieve throughout the year as I witnessed yet another junior ride Kingsbury Grade for his first time ever. I feel that we will see some

great performances from this dedicated group of riders in the future. The near future is the Little City Stage Race 20-21 July. This race is on the courses of our former race: The Carson Valley Classic with an addition of a time trial for a stage race in our back yard. If you have the penchant for racing it, you should give it a shot or just come out and give your support for our

racers. New this year is a kid's race which will include a full lap for budding racers and a 100 yard dash for the little ones to show off their training wheels and tricycles. There will be some fun activities for the kids to include some sweet bike decorating to

deck out the little rides.

So as we roll into the heart of the summer, the weather is warming to the spot that we all love and enjoy. If you find the 90F temperatures tough, mornings provide cooler temps and my favorite is to ride in the evenings till the sun goes down. So, get out there and go to some club rides posted on the ride board or post your own to get some wheels behind which you can get a draft.



2013 Alta Alpina Challenge: Riding the Wild Sierra

Michael Bayer, Ride Director

On Saturday June 29 the club held it's big annual event: the Alta Alpina Challenge: Riding the Wild Sierra. We registered 493 riders but with cancellations and no-shows we ended up with 425 riders on the road. While the weather was the hottest we've had, our teams of volunteers kept riders cool with ice, cold drinks, and ice water rags.

With participant ages ranging from 11 to 78, the Alta Alpina Challenge has something for everyone. From the 17 mile Family Fun Ride, to the very pleasant Metric Century, the challenging Century, all the way to the hardest single day ride: the 8 Pass Challenge, we succeeded in serving up a challenge for everyone who came. This year the 8 Pass Challenge was the most popular option with almost 180 registered riders (about half completed all 8 passes).

This year's event exceeded all our expectations. We had more participants, more volunteers, more food, more water, more ice, and more jerseys than ever before. Most importantly, we've been flooded with great feedback from riders and volunteers. It sounds like everyone had fun.

This ride changes people's lives. Participants from as far away as Japan trained for months. Some people were riding their very first organized ride and others were going for the personal best on the 8 pass course, but for just about everyone this day represented one of the greatest challenges of their lives. Members of Alta Alpina should be very proud indeed.

Our club's mission is to promote cycling in this region and this event does that in spades—with world wide visibility for the awesome cycling we have here *and* providing an opportunity for local cyclists to

experience their first organized ride. Proceeds from the event fund the Spring and Fall Centuries, the snacks for Weekend Rides, the club racing program, and all

It certainly was a challenge but glad to have the opportunity to join you in such an amazing place. Everyone was wonderful & it was pretty cool on some hard uphill ;-) to have someone come from behind me - say my name - and say that I'm doing a good job! Nice touch. Keep up the good work !! Thanks again - Jane M.

We really enjoyed our ride yesterday. The event was well planned and made for a great experience. I plan on returning next year! - Bill D.

the donations the club makes to support trail building, trail marking, and cycling facilities. On behalf of the club and all the riders, I'd like to extend a big thank you to all the volunteers, sponsors, and agencies who came together to make it possible! If you were

a volunteer this year and you didn't get a volunteer t-shirt or you need a t-shirt in a different size, please let me know and we'll get you what you need. If you had expenses that you haven't been reimbursed for yet, please get your receipts or mileage to me as soon as possible.

While the event is now over, work on the Wild Sierra continues day and night with many post-event activities keeping me busy. Watch for an article with all the final statistics in the next newsletter.

One thing I'm working on is Lost & Found. We had numerous items left behind that I'm trying to get back to their owners. If you know the whereabouts of any of the following, please let me know:

- Alta Alpina Wash Basins
- Alta Alpina Fruit Knives (Red)
- Bently Camp Chair
- iPhone Charger and Cable
- Prescription Oakley Sunglasses

I am so proud of the members of Alta Alpina. We are only able to host this event because we have such resourceful, talented, committed people. It takes an army of volunteers to keep riders safe and ensure that they can achieve their personal challenge on the day of the event. We had teams of volunteers at all the rest stops and water stops keeping riders cool, hydrated, fed, and informed. We



Robert Choi was once again the fastest rider over 8 passes. This year he finished in 12:35.



2013 Alta Alpina Challenge: Riding the Wild Sierra (cont.)

had a team of Radio, Motorcycle, and SAG vehicles monitoring riders, keeping supplies moving, and transporting riders when needed. Back at Turtle Rock Park volunteers directed parking, checked-in and timed riders, sold jerseys, served hundreds of meals, and kept the place clean and tidy.

For Alta Alpina Members, the Wild Sierra is a big party--a chance to spend the day hanging out with other cyclists, enjoying almost unlimited food and drinks and making a difference in the world of cycling.

I feel sorry for everyone whose schedules didn't allow them to help out. We'll be announcing next year's ride soon so everyone can get it on their calendar. Don't miss out next year!

I ride in 8 to 12 centuries (every now and then a double) every year and there is no doubt that Alta Alpina was the most memorable I've ever done. I am not talking about the exceptional beauty of the area but about what you guys do. The commitment and professionalism of the team are exceptional. I was so impressed. This year I achieved my goal... just three passes but if all goes well (I'm 66) I'll try five next year - Linos K.

Thanks for putting on a great ride. Although I didn't finish all eight due to equipment problems, I thoroughly enjoyed the challenge. I will try again next year. - John T.



The Ebbetts Pass Rest Stop

Thanks again to all AA Club Members and Volunteers for putting another a great event! The organization and support was awesome - Carl S.

Hamiter did everything that might have fallen between the cracks and put up with me working day and night for the last year.

I wanted to thank you and all of the fantastic volunteers for a great 8 Pass Challenge. The route is beautiful, the road surface it "sweet" and the support is excellent. I do not know about the other riders but it turned out being hotter than I expected which only enhanced the challenge. Along this line I wanted to give special recognition to the rest stop crew at the top of Monitor Pass. They were ready for the heat with iced towels for the riders and plenty of ice for the water bottles. As soon as you rolled into the rest stop they had an iced towel on your shoulders and they were filling your water bottle with ice. Great support, initiative and advance planning. - Robert M.

I wish I had room here to recognize the significant contributions of each and every club member who stepped up, got involved, and made an impact. I hope that everyone can attend the volunteer BBQ later this summer (date still TBD) where I'll get the opportunity to do so in person. I do want to mention the contributions of a few other key volunteers whose contributions stretched over months: Laura Caimi directed Marketing throughout the year; Twain Berg mailed out posters; Dennis Pederson wrote and maintained the software for the online registration system; Lauren Lindley coordinated sponsorships; Frank Dixon handled finances;

Peter Costa assembled the medical team coordination and supplies; PJ Chronkite took on the role of deputy director, and last but not least Jennie



2013 Alta Alpina Road Race Season

Di Bolton, Road Race Director

See our website at www.AлтаAlpina.org for directions to race venues. Schedule is subject to change, so check the website before each race. Races start promptly at 6:15 pm. Be there ready to race!

7/18	Eagle Ridge Circuit Race	8/8	Club Challenge:	8/22	Foothill Time Trial
7/25	Diamond Valley Road Race		Pinenut Road Race	8/29	Diamond Valley RR (short course, season finale)
8/1	Blue Lakes Time Trial	8/15	Criterion (Location TBD)		

Pinenut Cracker

May 18, 2013





Board Meeting Minutes—July 8, 2013

Secretary: Tammy Lundquist; Other Board Members: Michael Bayer, Robert Braun, Frank Dixon, Curtis Fong, Mel Maalouf, David Scarborough

1. Monthly Status Reports:

- **Treasurer:** No Report--June Bank Statement not received.
- **Membership:** Club continues to receive mid season membership renewals and new members--6 in the last month.
- **Weekend Rides:** Dave Scarborough continues to do an amazing job on the weekend rides. Averaging 7-10 people a ride. August rides will be posted soon. Need a ride leader for the July 28th ride up Sonora. Please email Dave if you are interested.
- **Newsletter:** Coming out soon. Will be posting pictures and comments about the Challenge.
- **Website:** Working on keeping it updated. Everyone should check their areas of the website and send Joe Marzocco request updates.
- **Weekly Road Races:** Continues to be a good turn out, 30-40 per race, but expected to decline with people going on vacation. Working on sending out race notices and race results.
- **Wild Hillacious Century Series:** Twain promoted the series at the Wild Sierra and there was some interest.
- **Junior Team:** Had a few no shows. May not pay for race fees. Four to five juniors are consistent.
- **Spring Century:** Great turnout this year and good integration with Wild Sierra planning. Will be starting/finishing at same location next year.
- **Pinenut Cracker:** Motion from Mel to donate to TAMBA double the Pinenut Cracker profit up to \$1,000, Dave seconded it, Board approved.
- **Carson Valley Classic:** Bubba is running his event on this course again. He's also running a single day Tour de Nez.
- **King of Kingsbury Time Trial:** No action.
- **Cyclocross Race:** No update.
- **Bike Advocacy:** Curtis spoke at the ribbon cutting dedication of the new bike path "America's most beautiful bike way" from Kahle to Nevada Beach in Nevada. Second phase will be from Nevada Beach to Round Hill Pines. Eventually having a bike path connect to Incline.
- **Adopt A Highway:** Scheduled for July 21, Sunday. See what all the Death Riders left behind. An option to ride afterwards. Usually takes about 1 to 1.5 hrs depending on how many people show up.
- **Clothing:** Mel proposed donating some of the older jerseys to the junior program. Motion from Dave Scarborough, second from Curtis Fong, Board Approved.

2. **Alta Alpina Challenge:** 2013 Alta Alpina Challenge was a huge success. Came close to selling out but over 60 cancellations and no shows brought the number of riders on the day of the ride to 425. Michael is still working long hours to wrap up the event. Anyone with expenses should submit them so we can finalize the accounting. We had fantastic volunteers but were still short in a couple of areas. Event Post Mortem will take place on July 24 location TBD. Date for Volunteer BBQ TBD.
3. **Next Meeting:** Monday, August 5, 2013, 6 pm, Jethro's in Gardnerville.

Local Merchant Discount Program

For discounts from these local merchants, please visit the AACC website at www.AaltaAlpina.org





Alta Alpina Cycling Club

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 www.AлтаAlpina.org

MARK YOUR CALENDARS

- Packsaddle Pass LoopJuly 20
- Adopt-A-HighwayJuly 21
- Wild Sierra Post MortemJuly 24
- Sonora PassJuly 28
- Thursday Night Races ..every Thu @6:15

MOVED? GOT NEW CONTACT INFO?
 Have you moved? Has your e-mail address changed?
 Don't miss out on the latest AACC happenings!
 Update your info at www.AлтаAlpina.org; click on "Membership"

Alta Alpina Cycling Club Board Members

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The club is about and for you! All AACC members are welcomed to participate in our **Board Meetings** held the **first Monday of each month at 6:00 pm.** The location alternates between the Carson Valley and South Lake Tahoe.. Join us on **August 5** at **Jethros** in the **Gardnerville Ranchos.**

Newsletter Publisher:
 Michael Bayer