



PACELINE

**Alta Alpina
Cycling Club**

**Volume 13 Issue 1
Jan/Feb 2015**

Presidential Posting

Christine Zombro Rhiner, President

Well happy 2015, this seems to be the year for cycling since the skies are not cooperating for our other winter sports. The ride board is “hopping” with lots of riding options.

Weekend Club Rides for 2015

We’re expanding our program of club rides in 2015. We’ll have a club ride or other club event every single weekend from April through October. Why do group rides you might ask? Well, for me I have met people who ride at my level or close enough to have a great time and push myself just a little harder than on my own. Some of these people I have been riding with for 8 years now! (Yes, I am not exactly prehistoric in this sport. I am a newbie, relatively speaking.) So check the AACC website and read your emails to join in group rides. All members are still encouraged to post their own rides regardless of how spectacular or mundane, road and mountain biking included.

We intend to have 5 regular ride leaders and each will lead one scheduled club weekend ride once a month. Each of these regular leaders will receive free membership and free racing. Right now we have 2 spaces open in this “Gang-of-Five” so please contact me about filling one of the remaining spots.

Spring Membership Party

April 20th, 6:00pm, save the date! Details are still in the making, but a different location is likely. We are hoping to attract new members this year by working a little more closely with the local bike shops. The idea is that when a new bike is sold, a free Alta Alpina membership will be given. Looks like the date will be back on a Monday as this seems to find fewer people out of town. So I hope this works for you! Bring a friend we will be serving pizza and salad. Our clothing inventory will be available if you don’t have a “club kit” yet. For missing sizes we are looking into an online format for obtaining club kits and no longer holding the inventory, everything would be made to order. Also start cleaning out your cycling clothes and gear as we will have a “trade” table. Left over items will be donated to the junior cyclists or can go directly to the juniors and bypass the “trade” idea. Speaking of Juniors, we may need an Assistant Coach or club volunteers to lead a few junior training rides. Please contact a board member in regards to this position.

Board Meetings

Board Meetings are the 1st Monday of every month. Everyone is invited and food/beverage is provided. Look in the minutes of each newsletter for the next meeting. The club clothing is available for one hour prior to the meeting if you need to purchase something. March 2nd we will be meeting at the Timbers Restaurant inside the Lakeside Casino in Tahoe.

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Join the Gang-of-Five

Volunteer to lead 7 rides over 7 months and get your membership and racing free!

Our “Gang-of-Five” will ensure that there is a club ride every weekend April through October.

Jennie Hamiter, Robert Braun, and David Scarborough have already volunteered and we just need two more volunteers.

Please contact Chris Rhiner at president@altaalpina.org if you have any questions or would like to volunteer.





AACC Upcoming Events

Michael Bayer, Newsletter Editor

We have a great line up of weekend rides and other events planned for 2014. Here are a few events to start planning for today. Be sure to put these on your calendar:

Monday, April 20, 2015 — Spring Membership Party

Our annual season kick-off, the spring membership party, will take place on April 20. Renew your membership before the party for quick admission. Enjoy great food, get to know new members, buy club clothing, and bring items for the great annual bike parts swap.

Saturday May 16, 2015 — Pinenut Cracker Mountain Bike Race

With the USA Cycling Mountain Bike National Championships at Mammoth this year, the 2015 Pinenut Cracker may be the biggest yet! Contact Robert Braun to get involved!

Sunday, May 24, 2015 — Ray Rickard Memorial Spring Century

Our annual free-for-members century (previously known as the Gardnerville 100) will once again take place on the memorial day weekend. There will be 35, 65, 88, and 100 mile options followed by a BBQ.

Saturday, June 27, 2015 — Alta Alpina Challenge: Riding the Wild Sierra

Clear the weekend on your calendar! We need every member to get involved with this fun event. The Alta Alpina Challenge funds everything else that we do.

Saturday July 18, 2015 — Alta Alpina Challenge Staff Ride

July 18 is the day the rest of us get to ride the Challenge. Make sure that you save this day too.



LAKE TAHOE BICYCLE COALITION

Helping Tahoe Become More Bicycle Friendly

Chris Carney, Lake Tahoe Bicycle Coalition

Do you ride in Tahoe? Have you considered joining the Lake Tahoe Bicycle Coalition? Together with Tahoe's fantastic community of partner organizations, including the Alta Alpina Cycling Club, the bike coalition promotes cycling in Tahoe, highlights bike events around the region, and advocates for better bike trails and bike paths.

Your generous support enables us to continue to produce the Lake Tahoe Bikeways Map, sponsor the annual Tahoe Bike Challenge, and provide bike valet parking for Tahoe's community events.

With a mission to help Tahoe become more bike friendly, the member-supported bike coalition is run

entirely by volunteers, which allows us to invest all of your contribution directly into bike initiatives.

When you become a member of the Lake Tahoe Bicycle Coalition, we'll mail you a copy of the Lake Tahoe Bikeways Map and begin sending you our monthly e-newsletter featuring the latest bike news for Tahoe, as well as upcoming bike events. Better still, you'll be joining a community of people who love biking, while contributing to efforts to make biking in Tahoe more safe and convenient for everyone.

Becoming a member is quick easy - join today at tahoebike.org.



BikeSPOKEsman

Tim Rowe, AACC Bicycle Advocacy

BIG NEWS – the Nevada Bicycle and Pedestrian “Share the Road” special license plate is out! It is available at your local NV DMV now! The plates look great! Be the first one on your block to be bike cool.

All funds generated by the plate will go towards bicycle and pedestrian safety programs and projects in Nevada! Nevada Bicycle and Pedestrian Advisory Board will oversee the program. 1,000 plates need to be sold in the first year and after that the number has to stay at 1,000 active plates annually to keep this effort alive! It only costs an extra \$61 to initially get one and then \$30 per year after that and of that \$25 the first year and \$20 annually goes directly to the fund.

Personalized plates (up to 5 letters) are also available!

Please show your support and get a set of “Share the Road” plates on every vehicle! I bought two sets myself! Note that you can get them anytime, not just at time of renewal. DMV will pro-rate the fees to the current year. Let’s see the plates out there! What a better way to advertise that you are a bicyclist and proud of it!



Want a Neat Bicycle Getaway?

Go Visit the Bicycle Heaven Museum and Bike Shop in Pittsburgh, PA either in person or just on-line. Check out the World's Largest Bicycle Museum and shop – a unique 2 story store via a real visit or a virtual tour at; www.bicycleheaven.org/

There are all kinds of bike related items there – hundreds of new, used and classic bicycles, wheels, forks, seats, frames, etc. and an eclectic collection on other bicycle related things on the walls and

hanging from the ceiling. It is tucked away in an industrial park across the Allegheny River from downtown near the Steeler's new home stadium, Heinz Field. It is a great walk from downtown – over the river and then along the river walk past the two new stadiums, Heinz Field and PNC Park. A group from Nevada visited Bicycle Heaven while at ProWalk ProBike ProPlace conference last September. It was one of the highlights – next to the Duquesne Incline.

Upcoming Bicycle Events

Wednesday March 18th

Nevada Moves Day – walking/biking to/from school at a Safe Routes to School school near you

Wednesday May 6th

Bike to School Day – at many schools in Nevada –

May 10-16

Bike to Work Week

Thursday May 14th

Bike to Work Day –

Upcoming Bicycle Conferences:

March 24-25

2015 Nevada Traffic Safety Summit at the Peppermill in Reno. Put on by NDOT, NV DPS & ZeroFatalities. For more information contact;

zerofatalitiesnv@kimley-horn.com

April 14-15

Nevada Transportation Conference at the Silver Legacy in Reno. Put on by NDOT.

May 5-6

2015 Nevada Bicycle & Pedestrian Summit at the Henderson Convention Center in Henderson. This is put on by Nevada Bicycle and Pedestrian Advisory Board and NDOT. For more information check

BicycleNevada.com

A note from Laura Caimi

Hard to believe it's already March and our annual event, The Alta Alpina Challenge: Riding the Wild Sierra is just a few months away. If you would be able to pass out pamphlets at bike shops, fitness centers and sporting goods stores please let me know. If you will be riding any organized rides this spring, please consider taking some pamphlets to distribute to prospective Wild Sierra riders. We have "Ask Me" stickers available for you to attach to your helmet, jersey or ride number at these events.

Laura

wildsierra.laura@yahoo.com

775-781-3480



2015 Officers



Chris Rhiner,
President



Jim Sadilek,
Secretary



Michael Bayer
Membership Coordinator



Tammy Lundquist,
Vice-President



Frank Dixon,
Treasurer



Garth Jackson
Weekend Ride Coordinator



Board Meeting Minutes—January 5, 2015

Secretary: Jim Sadilek; Other Board Members: Chris Rhiner, President; Tammy Lundquist, Vice President; Frank Dixon, Treasurer; Michael Bayer, Membership Coordinator/Alta Alpina Challenge Ride Director/Newsletter Publisher.

Called to order via teleconference at 6:05pm.
December meeting minutes were approved.

1. Monthly Status Reports:

- **Treasurer:** The current checking account balance is: \$34,859.34. The PayPal account balance is \$14,631.10
- **Membership:** All members in good standing as of December 31 are in grace period until the end of April after which 2015 dues will be considered in arrears. Currently there are 104 individual members and 38 family memberships representing approximately 80 additional members.
- **Weekend Rides:** The Board of Directors recommends more emphasis on moderate rides with a goal of attracting new members.
- **Newsletter:** The next newsletter will be published after the February Board meeting.
- **Website:** Michael is working on new content for the Challenge web site. However, no actual changes have been implemented. Also with regard to social media, Michael is planning to tie in Instagram and Twitter with Challenge marketing.
- **Weekly Road Races:** No report.
- **Mountain Bike Races:** The position of Mountain Bike Coordinator is open. The Board of Directors would be most grateful for a volunteer to step forward and fill the position. Contact President Chris Rhiner.
- **Junior Team:** No report.
- **Spring Century:** No report.
- **Pinenut Cracker:** Robert Braun has volunteered to coordinate.
- **King of Kingsbury Time Trial:** No report.
- **Bike Advocacy:** No report.
- **Adopt A Highway:** No scheduled clean up day at this point. Tammy De Giovanni is the 2015 Road Cleanup Coordinator.
- **Clothing:** The Board is earnestly seeking a volunteer to act as Clothing Coordinator. Contact President Chris Rhiner.

- **Public Relations:** The Board is earnestly seeking a volunteer No report.
- **Challenge:** There are 75 online registrations to date for the 2015 ride. A designer is onboard designing a 2015 Challenge ride jersey. The 2015 Challenge posters and postcards are at the printers and will be similar to last year's except using photographs from the 2014 photo contest. The first advertisement for the 2015 Challenge, a quarter-page, will appear in the January issue of Cycle California. Another quarter page ad is scheduled for the February issue. Additional ads will appear in the following months with the size to be determined.

The Stanislaus National Forest is increasing permit fees for the Challenge ride.

- **Insurance:** A renewal packet has been sent from League of American Bicyclists (LAB). The annual premium, which covers club events, but not races, is \$2.97 per member with family memberships counting as two members. General liability coverage is \$1 million per occurrence with a \$5 million annual aggregate. Also included is \$10,000 per personal injury accident with a \$1,000 deductible. Additionally covered is equipment (bicycle) with a \$5,000 limit and \$1,000 deductible.
- The Directors and Officers insurance premium is \$550 for \$1 million coverage. Motion 01/01: Authorize payment of 2015 LAB insurance premium. Chris Rhiner/Frank Dixon -- Carried unanimously.

2. **Club Officials for 2015:** Motion 01/02: Appointment of Club Officials for 2015: Di Bolton, Weekly Road Races; Robert Braun, Pine Nut Cracker; Tammy Di Giovanni, Highway Cleanup and Tim Rowe, Bicycle Advocacy. Michael Bayer/Tammy Lundquist -- Carried unanimously.
3. **Offsite Backups:** Motion 01/03: Authorization for \$32.99 annual fee for cloud backup of the server. Chris Rhiner/ Tammy Lundquist -- Carried unanimously.
4. **Next Meeting:** Monday, February 2, 2014, 6 pm at Jethro's in the Gardnerville Ranchos.

Meeting adjourned at 6:38 pm



Board Meeting Minutes—February 2, 2015

Secretary: Jim Sadilek; Other Board Members: Chris Rhiner, President; Tammy Lundquist, Vice President; Frank Dixon, Treasurer; Michael Bayer, Alta Alpina Challenge Ride Director/Newsletter Publisher/Membership Coordinator; Robert Braun, PNC Coordinator; Tim Rowe, Bicycle Advocacy Coordinator; Wayne Treloggen, PR Coordinator; Other Attendees: Anna Dixon, AACC member

Meeting called to order at 6:10 pm

Minutes of the January meeting approved as circulated

1. Monthly Status Reports:

- **Treasurer:** The current checking account balance is: \$31,030.68. The PayPal account balance is \$16,082.47.
- **Membership:** Family memberships: 38. Individuals: 104.
- **Weekend Rides:** See below.
- **Newsletter:** Waiting on content for the February issue.
- **Website:** The club owns four web domains: altaalpina.org, altaalpina.com, altaalpinacyclingclub.com, altaalpinachallenge.com. The altaalpinacyclingclub.com domain registration fee has expired. The Board's decision is to pay for a five-year term, assuming the fee is in line with other domain registrations.
- **Weekly Road Races:** <http://www.altaalpina.org/clubracesroad/> Tentative start date: April 16.
- **Mountain Bike Races:** The position of Mountain Bike Coordinator is open. The Board of Directors would be most grateful for a volunteer to step forward and fill the position. Contact President Chris Rhiner.
- **Junior Team:** No report.
- **Spring Century:** Date is set for May 24-- details TBD. Motion 02/01: Continue describing the ride as the Ray Rickard Memorial Century. Chris Rhiner/Tammy Lundquist -- Carried unanimously.
- **Pinenut Cracker:** Date: Saturday, May 16. The USA Cycling Mountain Bike National Championships will be at Mammoth Mountain, July 15-19. The possibility is being explored of having this year's Pinenut Cracker as a USA Cycling district championship and a qualifying race for Mammoth. District championship or not, the event will be USA Cycling sanctioned.
- **King of Kingsbury Time Trial:** Date TBD.

- **Cyclocross Race:** No report.
- **Bike Advocacy:** Nevada DMV bicycling license plate is now available. President Chris Rhiner claims to have bought the first one issued at the Carson City DMV office. The requirement for this license plate to be a viable program is that 1000 plates must be sold in the first year of issue. If the 1000 number is not reached, then NV DMV will continue to support the existing plates, but no more will be available.
The state of Nevada has just finished application to League of American Bicyclists for the latest "Bike Friendly" state ranking. Carson City achieved "Bike Friendly" status.
- **Adopt A Highway:** No report.
- **Clothing:** No report.
- **Public Relations:** Challenge posters and rack cards are printed and distributed to bicycle shops and hotels in Carson Valley and Woodfords. The cards and posters are to be distributed to Markleeville this week. A press release has been issued regarding the opening of registration for the 2015 Challenge ride.
Challenge accommodation information has been updated on the web site. Challenge information is being disseminated on social media site. Wayne has been in discussion with the Carson Valley Visitor's Authority to match the club's advertising dollars in exchange for the club promoting Carson Valley bicycling.
With Curtis Fong's "Tour of Carson Valley" being the week before the Challenge, the possibility of a promotion: "Cycle Sierra Week" was discussed. The assumption being that such a program would be beneficial to AACC, Curtis, and CVVA and possibly result in additional advertising help with the Challenge from CVVA. Ideas and commentary on the Cycle Sierra Week are welcome. Send to Wayne at sierracyclopather@gmail.com.
- **Challenge:** Planning is in the advertising phase. Ads have appeared in Cycle California for two months with a third ad coming. Budget for the



- event is close to being finished—waiting on Forest Service costs. To date, 110 registrations have been received.
- **Insurance:** The latest renewal of League of American Bicyclists (LAB) liability insurance has come with added requirements for club rides coverage. Perhaps most significantly, that guests may only join in one club ride before becoming members and the need for timely reporting of any accidents on club rides.
 - 2. **Gang-of-Five:** Motion 02/02: To adopt a plan expanding the weekly ride leader program with the title: "Gang of Five". Michael Bayer/Chris Rhiner -- Carried unanimously. As currently envisioned, the Gang of Five will add five appointed ride leaders to the weekend rides program in addition to the currently elected Ride Leader. The result of the program is to have each of the five lead one ride each month from April through October, so there will be at least one ride every weekend and sometimes two rides. By the expansion of the weekend rides program it is hoped that membership will increase.
 - 3. **Officials for 2015:** Motion 02/03: To re-appoint Joe Marzocco as Web Site Coordinator for 2015.

Michael Bayer/Chris Rhiner -- Carried unanimously.

- 4. **Dues and Membership Drive for 2015:** A proposal was made, with the Board's approval, to authorize the local bicycle shops to grant a one-year's free membership to Alta Alpina Cycling Club with the purchase of a new bicycle during the period from mid-March until the AACC Spring Party. The rational being that the club could benefit from possible new members by inviting them to the Spring Party. The participating shops could benefit, if the buyer became an AACC member, by possibly encouraging the rider to ride more and thereby consume more bicycle shop goods and services. Motion 02/04: Dues amount will continue to be the same as for 2014. Extend free membership for the first year anyone buying a new bicycle from a local bicycle shop during a promotional period from March 15 until the date of the Spring Party Michael Bayer /Tammy Lundquist -- Carried unanimously.
- 5. **Next Meeting:** Monday, March 2, 2015, 6 pm at Lakeside Casino, 168 U.S. 50, Stateline. Meeting adjourned at 8:28 pm

Local Merchant Discount Program

We're excited that local merchants who support AACC will be offering discounts to club members.

Visit the merchant, peruse their shops and find out what you can buy as a benefit of being an AACC member. Details about local merchant offers is listed under "Merchant Discounts" on our website at www.AltaAlpina.org.

Show your AACC Membership Card at time of purchase. [If you are an active AACC member, the mailing label on the first Paceline you received upon renewal has the club logo and note indicating that it is your membership card.]





Alta Alpina Cycling Club

P.O. Box 2032 877-845-2453
Minden, NV 89423 877-845-BIKE
 www.AltaAlpina.org

MARK YOUR CALENDARS

Spring Membership PartyMon, April 20
Pinenut CrackerSat, May 16
Ray Rickard Memorial Spring CenturySun, May 24
Alta Alpina ChallengeSat, June 27
Challenge Staff RideSat, July 18

MOVED? GOT NEW CONTACT INFO?
Have you moved? Has your e-mail address changed?
Don't miss out on the latest AACC happenings!
Update your info at www.AltaAlpina.org; click on "Membership"

Alta Alpina Cycling Club Board Members

Chris Rhiner	President	president@AltaAlpina.org	775-790-6373
Tammy Lundquist	Vice President	tahoe.tammy@gmail.com	
Jim Sadilek	Secretary	ccwatchmaker@gmail.com	775-220-2713
Frank Dixon	Treasurer	ozatlake@gmail.com	530-318-1574
Michael Bayer	Membership Coordinator	membership@AltaAlpina.org	
Garth Jackson	Weekend Ride Coordinator	ridedirector@AltaAlpina.org	
Michael Bayer	Alta Alpina Challenge Ride Director	challenge@AltaAlpina.org	877-845-2453
Di Bolton	Thursday Road Race Director	dibolton@frontier.com	775-781-4660
Robert Braun	Pinenut Cracker Mountain Bike Race	robertingville@yahoo.com	
Tammy DeGiovanni	Road Cleanup Coordinator	ttdeg@frontier.com	530-545-3155
Laura Caimi	Marketing Coordinator	wildsierra{laura@yahoo.com	
Wayne Treloggen	PR Coordinator	pr@altaalpina.org	877-845-2453
Michael Bayer	Paceline Editor	paceline@AltaAlpina.org	
David Scarborough	Spring Century Coordinator	dave_scar@hotmail.com	530-318-7878
Mel Maalouf	Junior Team Coach / Race Team Director	alpinajr@gmail.com	775-782-9652
Joe Marzocco	Website Coordinator	j_marzocco@yahoo.com	
Tim Rowe	Bicycle Advocacy Coordinator	Trowebikes@aol.com	775-267-9531

The club is about and for you! All AACC members are welcomed to participate in our **Board Meetings** held the **first Monday of each month at 6:00 pm.**

The location alternates between the Carson Valley and South Lake Tahoe..

Join us on **Monday March 2** at the **Lakeside Casino in Stateline.**

Newsletter Publisher:
Michael Bayer